

Teaching and Learning in PSHE

Rooted in Faith, Growing in Community, Thriving in Learning

Love, Hope, Trust, Forgiveness



"Love one another
as I have loved you"
John 13:34

At John Keble Church of England Primary School, in our delivery of PSHE, we aim to provide learners with the knowledge that will enable them to make informed decisions about their wellbeing, health and relationships and to build their self-efficacy. We believe the understanding of such values is integral to supporting and developing positive attitudes towards each other and ensuring positive emotional well-being.

The PSHE curriculum is taught in schools because PSHE:

- teaches children the knowledge and skills that they need to stay safe and be happy and healthy;
- prepares children for life, both in the present and the future;
- equips children with the skills they need to live successfully as citizens of the communities to which they belong;
- develops positive mental health and emotional wellbeing;
- empowers children with the knowledge and understanding of why looking after their mental health is important and how it can be achieved;
- celebrates diversity and builds understanding and respect between all people;
- impacts on the whole child, including their academic development and progress;
- helps break down social and emotional barriers to learning and builds self-confidence;
- impacts not only the individual but also the school community, the wider community and the global community both present and future.

Intent

Our school is committed to providing a high-quality educational experience for all pupils. Our curriculum determines and underpins the whole ethos of our school. Our personal, social, health and economic education (PSHE) curriculum brings together citizenship with personal well-being, whilst promoting fundamental British values. Although PSHE is taught through discreet lessons, it also underpins everything we do, including all activities, assemblies, educational visits and school clubs. It is intended that we will offer a cohesive whole-school approach which enables our children to become healthy, independent and responsible members of our society.

Implementation

As well as in planned lessons, PSHE skills are modelled and referred to in assemblies, at school events and across the school day by all members of staff. In addition, PSHE is integrated into our curriculum through our school values:

Love

Hope

Forgiveness

Trust

Our PSHE curriculum promotes the spiritual, moral, cultural, mental and physical development of our pupils, preparing them for life in the wider world.

In each PSHE unit, we will endeavour to support the children's development, with a focus on what we have identified below as vital skills and attributes.

- Learning how to stay safe and healthy
- Building and maintaining positive relationships
- Becoming active citizens, responsibly participating in society around them
- Developing a strong and positive view of themselves
- Having high aspirations
- Valuing their own and others' contribution to society

The three key strands in our PSHE curriculum are, Health & Wellbeing, Relationships and Living in the Wider World.

Impact

We strive to ensure that all learners gain the necessary skills and confidence to develop as individuals as well as having a better understanding of the wider world and what is expected of them as British citizens. We also provide learners with ample opportunities to explore and discuss sensitive topics relating to health, well-being and relationships, forming their own beliefs and values as well as being confident to challenge prejudice and discrimination. The programme allows for learners to develop their communication skills and broaden their thinking, acquiring knowledge to support them in making informed decisions.

Relationships & Sex Education

Relationships and Sex education (RSE) is an important part of PSHE education and as a school, we believe it is very important to provide knowledge and understanding of safe and healthy relationships based on love and respect so that pupils can feel empowered to make important decisions at the right time.

The sessions we deliver develop understanding and attitudes, which will help children to form relationships in a responsible and healthy manner.

Parents can withdraw their children from all or part of sex education that does not form part of the statutory National Curriculum.

The content for each year group is:

Keeping /Staying safe

Keeping/Staying Healthy

Being Responsible

Feelings and Emotions

Computer Safety

Our World (KS1) The Working World (KS2)

A World without Judgement

Fire Safety (KS1) First Aid (KS2)

Relationships